



**2 William Lamond Crescent**  
**Monifieth DD5 4LZ**  
**[www.tranquilityzone.co.uk](http://www.tranquilityzone.co.uk)**  
**Phone no: 07854408179**

## **Swedish Massage:**

- Neck & shoulders (30mins) £35
- Back, neck & shoulders (30mins) £35/ (45mins) £42
- Arms & hands or lower legs & feet (30mins) £35
- Back, neck & shoulders with scalp or face (45mins) £42
- Neck, shoulders, face & scalp (45mins) £42
- Back, neck, shoulders and legs (60mins) £50
- Full body (60mins) £50
- Full body with scalp or face (75mins) £60
- Full body with scalp and face (90mins) £70

## **Hot Stone & Warm Bamboo Massage:**

- Back, neck & shoulders (30mins) £37
- Back, neck, shoulders & face (45mins) £45
- Back, neck, shoulders & legs (60mins) £52
- Full body (60mins) £52
- Full body with face (75mins) £62

## **Pregnancy Massage:**

- Back, neck & shoulders (30mins) £35
- Back, neck, shoulders with face or scalp (45mins) £42
- Full body (60mins) £50
- Full body with scalp or face (75mins) £60
- Full body with scalp & face (90mins) £70

## **Manual Lymphatic Drainage:**

30 minutes £35

60 minutes £50

## **Reiki:**

30 minutes £30

60 minutes £45

## **Reflexology:**

30 minutes £35

60 minutes £50

## **Menopause treatments:**

Massage (60 minutes) £50

Reflexology (60 minutes) £50

## **Indian Head Massage:**

45 minutes £42

## **Holistic Facial:**

30 minutes £35

60 minutes £50

## **Oncology Treatment:**

60 minutes (tailored treatment which can include massage, reiki & reflexology) £50

## **Treatment packages:**

Please visit website or Facebook page for details for a specific month